

Grant 'Upbeat' Bosnick

Leadership | Alignment | High Performance

Leadership & High-Performance
Keynotes

100+ Clients

45 Countries

6 Continents



ENERGETIC



ENGAGING



EMPOWERING

SIGNATURE KEYNOTES

Authentic Self-Leadership to Inspire Teams

The number one thing that stands in people's way to grow, change and develop is their ability to change their habits. The will is there but we have been brainwashed into thinking that changing our habits is difficult. But what if we knew that change is easy if you have the right knowledge and the right tools? In ***Authentic Self-Leadership to Inspire Teams***, Grant encourages you to understand behaviour from the 'inside-out' of neuroscience and how the brain works, while also keeping an eye on the 'outside-in:' how we understand others and how others see us. And he makes the process easy by providing a change assessment that shows you where you personally need to focus, and then with deliberate care, provides the bite-size knowledge and tools that will enable you to make a transformation in areas that are most important for YOU to lead yourself and others more authentically.

The Upbeat® Mind: Thinking Courageously

Grant shares timeless lessons from centuries of tradition and 40 years of playing music. Using the neuroscience of drumming, ***The Upbeat® Mind: Thinking Courageously*** explores key lessons on how to overcome 'autopilot' thinking traps and enhance focus, attention, flow and insight. The ultimate kickstart for your mind, for laser-focused attention, depth of discussion and better judgement. And as a result for high-performing teams, it sharpens teamwork, collaboration and problem-solving; and increases alignment, productivity and performance. This signature keynote is ideal for company offsites, conferences, kick offs and townhalls.





Grant 'Upbeat' Bosnick is an Author, Keynote Speaker, Musician, and the Managing Director of YES (Your Empowering Solutions), a boutique HR consultancy. Using psychology and neuroscience, he has partnered with over a hundred Fortune 500 and FTSE 100 clients for 25 years to transform people's behaviour to achieve results and perform at a higher level. He loves switching on light bulbs with people - triggering those 'aha moments' - insights - that change mindsets and open up new possibilities. His passion is all about helping people, teams and organizations re-imagine the future, not for a new normal, but for a 'better' normal...

BOOK GRANT TODAY!

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Testimonials

"Grant's Upbeat® experiential keynote was the perfect solution. Within an hour the teams were coming together harmoniously and were drumming with sophisticated rhythms and keeping time brilliantly. Grant's high energy delivery resulted in the immediate understanding of the concepts and rapid adoption of the principles."

**Barry Clarke, Managing Director
Taylor & Francis Asia Pacific**

"Grant not only used innovative approaches to energize the team, he also used insights from psychology and neuroscience to activate creative thinking and problem-solving. On top of that, as he is such an approachable humble person with a lot of humor, he became a real member of our team."

**Cetin Nazikkol, CEO
thyssenkrupp Asia Pacific Africa**

"I think first of all, the drumming at the beginning, Grant really got the audience engaged. He got them to think outside of the box and say, "This is a dialogue, it's not just me presenting." So, I think that was excellent."

**Martin Hayes, (former) President
Bosch SEA**

Some of Grant's clients include:



Grant's new award-winning book provides a uniquely adaptable approach to develop awareness (of self, others and one's environment) of self-leadership through real behavioral change and transformational impact

